



allegheny
children's initiative

Hope starts here

Student Assistance Program Liaison Outreach Newsletter

ANNOUNCEMENTS, RESOURCES AND RAISING AWARENESS

What is SAP:

The Student Assistance Program provides screenings and recommendations for students in contracted school districts who are experiencing barriers in their learning. The goal of the program is to identify students who need extra supports for behavioral, social, academic, substance use, and emotional needs. **Please contact your school Principal or Counselor if you think your child/student would benefit from SAP.**

Check out our website to learn more about SAP and Allegheny Children's Initiative:

PFQ.org/Allegheny-Childrens-Initiative



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Upcoming Events & Links

September	October
National Recovery Month	ADHD Awareness Month
National Suicide Prevention Month	National Depression & Mental Health Screening Month
Every Women Day (Sept. 3rd)	Bullying Prevention Month

HOW TO MAKE FRIENDS

MAKING FRIENDS HELPS CHILDREN'S SOCIAL AND EMOTIONAL DEVELOPMENT



PICK A TIME TO MEET

Before talking to someone, make sure they are not busy doing something or talking to someone else.



INTRODUCE YOURSELF

Look the person in the eyes, speak clearly, and smile. Tell them your name and ask them for their name.



SHARE INTERESTS

When getting to know someone, share with them your likes and dislikes (i.e. food, games, toys, etc.)



LISTEN TO OTHER PERSON

Let the other person talk about themselves. Be respectful and listen to them.



FINISH CONVERSATION

End the conversation respectfully. You can say "I have to go now, I'll talk to you later."

Prepared by Yanique S. Chambers
KIDDIE MATTERS
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For more parenting tips and ideas visit <http://www.kiddiematters.com>



Autumn,
the season
that teaches us,
that change,
can be
beautiful