



allegheny
children's initiative
Hope starts here

**Education & Dialogue
subcommittee**

Monthly Learning
Topic
August 2023

DIFFICULT CONVERSATIONS

Conversations that begin “we need to talk...” tend to strike fear in our hearts. This month’s Education and Dialogue information is about having conversations that invite dialogue between parties without causing fear.

Emmanuel Acho, host of *Uncomfortable Conversations With Emmanuel Acho* closed a recent episode with this: “the objective hasn’t been to change your mind, but, through dialogue, open it.”

If you are wondering how to have an uncomfortable conversation, Simon Sinek has some advice- watch this brief video to learn how and what to say <https://youtu.be/RcGkHrPSzDc> (4:24)

Have a little more time on your hands? Listen to this Hidden Brain podcast addressing *The Truth About Honesty* (59:07) <https://hiddenbrain.org/podcast/the-truth-about-honesty/> In it, psychologist Taya Cohen (CMU professor) talks about when and how to be honest.



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Imperative

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