

Education & Dialogue subcommittee

Monthly Learning May Topic

## ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE MONTH

May is Asian American & Pacific Islander (AAPI) Heritage Month, which celebrates the rich diversity of the AAPI community, recognizes its historical and cultural contributions, and highlights the ongoing need to protect and value our AAPI community members.

<u>AAPI Heritage Month in Downtown Pittsburgh</u> (3 min read)– upcoming events and restaurants list. Bonus restaurant plug for Umami Izakaya in Lawrenceville, owned and operated by Chef Roger Li. You can read more about his story and inspiration for all four of his Pittsburgh restaurants <u>here</u> (7min read).

<u>Giant Eagle's Cooking Corner with KDKA (6 min watch)</u>- Staying in? Learn how to make Korean Steak Bowls!

<u>Spread AAPI Love</u> (2 min watch + 1-5 min read/watch/listen) – a project of Stop AAPI Hate for AAPI Heritage Month that amplifies the voices and perspectives of Asian Americans and Pacific Islanders through everyday stories. <u>We encourage you to first watch the video, then click "explore</u> <u>stories" and engage in a story related to your preferred theme (resilience, celebration, solidarity, or</u> <u>resistance) and in a media type that works for you (image/text, video, or audio).</u> Too many options? Engage with a featured story from the video <u>here.</u>

<u>Centering Asian Artists in the American Story</u> (8 min read) - Asian Americans are often left out of view of US history. But their lives—and their art—are an essential part of the nation's story. See how Asian American artists have interpreted pivotal events of the past 100 years of America's history.

<u>Sidedoor podcast from the Smithsonian "Appalachia Goes Beijing"</u> (25 min listen) – listen to the story behind a new brand of folk music, a collaboration between the melodies of China and the tones of Appalachia.

<u>The Asian/Pacific American Heritage Month website</u> provides a plethora of resources. You will find events, exhibits, veteran stories, lesson plans, and more.



