

# FINANCIAL WELLNESS

## BUDGETING

*Community Resources:*

### **Allegheny County Financial Empowerment Center (FEC)**

Offers: Free individual counseling assistance with budgeting, reducing debt, establishing and improving credit, building savings etc. Counselors are trained on the behavioral and psychological aspects of financial decision-making to better understand and address these barriers. Additionally, there is availability of Arabic speaking counselors!

800-298-0237

<https://neighborhoodallies.org/fec/>

### **Neighborworks Western Pennsylvania**

Offers: Free Home buyer and Homeownership individual counseling and workshops.

412-281-9773

<https://www.neighborworkswpa.org/>

### **Money Management Toolkit**

The Consumer Financial Protection Bureau (CFPB) offers a [Your Money Your Goals toolkit](#) specifically designed for social service professionals to support consumers! The toolkit includes tools to make spending decisions, order and fix credit reports, make decisions about repaying debts and taking on new debt, keep track of their income/bills, and more.

Highlighted documents: [Spending Tracker worksheet](#) and [Budget Worksheet](#)



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## **FINANCIAL WELLNESS, *continued***

### **WILLS and POWER OF ATTORNEY**

*Community Resources:*

#### **General Information on Power of Attorney**

<https://www.palawhelp.org/resource/power-of-attorney-in-pennsylvania>

#### **General Information on Wills**

[What Is a Will, What Does It Cover, and Why Do I Need One?](#)

#### **General Information on Living Wills**

<https://www.nia.nih.gov/health/advance-care-planning/preparing-living-will>

#### **Allegheny County Bar Foundation**

Offers: Free legal services for assistance with wills and power of attorney  
412-402-6677

<https://www.acbf.org/pro-bono-center/wills-project/>



## **FINANCIAL WELLNESS, *continued***

### **RETIREMENT**

*Community Resources:*

#### **Allegheny County Financial Empowerment Center (FEC)**

Free resource to help educate general money management including retirement planning (cannot act as financial advisor or recommend specific investments/companies). They will also start offering legacy planning including access to free software for wills starting in June.

800-298-0237

<https://neighborhoodallies.org/fec/>

#### **Social Security Retirement Checklist**

<https://www.ssa.gov/pubs/EN-05-10377.pdf>

#### **NerdWallet**

NerdWallet's retirement calculator can give you a general idea of if you are on-track with your retirement savings, taking inflation and other factors into account for you.

<https://www.nerdwallet.com/calculator/retirement-calculator>



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