

INTERNATIONAL TRANS DAY OF VISIBILITY



Happy International Transgender Day of Visibility! March 31, is a day that celebrates the joy and accomplishments of transgender and gender diverse folks. Transgender (often shortened to “trans”) is an umbrella term that refers to people whose gender identity differs from that typically associated with the sex they were assigned at birth.

While there is still much work to be done to stop the oppression of and enshrine protections for the

Trans community, **International Transgender Day of Visibility** is a celebration of the **courage, creativity, diversity, and presence** of our Trans neighbors, consumers, and loved ones. We encourage you to take time to learn about and learn from trans folks in your community, across the country, and around the world.

Watch

- 3min - Learn more about [SisTers PGH](#), a Black and Trans-led community center [here in Pittsburgh](#).
- 3min – Trans Spotlight: Sophie Wilson - the trans woman who made your smartphone (and most electronic devices you use every day) possible when she [created the architecture for ARM microprocessors](#).
- 4min - A Trans History: [Time Marches Forward and So Do We](#)
- 5min - NOVA- [Building a Family as a Transgender Person](#)
- 6min - [TransHub Talks: Gender Euphoria](#)
- 9min - [A Brief History of Transgender People in Popular Music](#)

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Equity is
Imperative

INTERNATIONAL TRANS DAY OF VISIBILITY *continued*

Read

- 5 min - [The History of Transgender Day of Visibility](#)
- 6 min - [Trans Teens organize Trans Prom](#) at the U.S. Capitol, a celebration and act of resistance. Read more about these remarkable young people here: <https://transprom.org/>
- 4 min - [Gender Euphoria Tip Sheet for practitioners](#)
- Explore at your own pace - [Gender Portraits](#) is a series that combines captivating painted portraits and powerful written stories to explore peoples' lived experiences with gender. **WARNING:** One portrait depicts a transgender man soon after surgery, showing bandages, stitches, and dried blood/inflammation around the surgical sites on his chest.

Listen

- 1hr episodes - [Gender Reveal Podcast](#) explores the vast diversity of trans experiences through interviews with a wide array of trans, nonbinary and Two-Spirit people.
- 1 hr episodes - [Translash Podcast](#): try this episode about [Black Trans History](#) or this one about [Comedy as Resistance](#)
- 1 hr 30 min - [Trans Sister Radio](#): [In this episode](#), Athena and Quinn discuss how they affirmed their gender at various points throughout their transition.
- Various length episodes - [Kill James Bond Podcast](#): a comedy film review/ pop culture commentary podcast about the portrayal of masculinity in cinema" hosted by three trans/nonbinary folks

Take Action!

- How to celebrate Trans Day of Visibility- a [Guide for Allies](#)
- A [resource guide, book list, and action kit](#) for younger trans kids, siblings, and allies.
- [The Gender Wheel](#)- a tool for education and self discovery, geared towards children and families.
- [World Gender Customs map](#) - click on locations around the world to learn more about the diversity of gender expression across cultures.