

DISABILITY PRIDE MONTH

Disability Pride Month is observed every July to celebrate disability identity and community, mark the anniversary of the Americans with Disabilities Act (ADA) and advocate for full inclusion in everyday life.

More than one in four U.S. adults (more than 70 million people) have a disability. Disability Pride Month is important because many people with disabilities still face barriers to being fully included and valued. Ableism is often ignored, but its effects are real. It limits access to education, jobs, healthcare, community destinations and respect.

Disability Pride Month challenges that. At its core, for people with disabilities, Disability Pride is about being accepted on their own terms. It means disability isn't something to hide or fix. It's part of who we are. Everyone deserves inclusion, rights and respect, without having to earn them.

Learn more:

[Here are 12 Ways to Celebrate Disability Pride Month.](#) (5-10 min. read)

[Learn About Pittsburgh's Disability Pride Celebration this September](#)
[Disability Pride Celebration Volunteer Opportunities](#)

[The Roots of the Disability Rights Movement](#) (5 min. PBS video)

[Disability Pride Month Education for Kids](#) (2:35 video)

[Disability Pride Pennsylvania Podcast](#)

["The Capitol Climb" – Bringing Awareness to Accessibility Issues at the PA State Capitol](#) (1:56 video)

[Understanding the Disability Pride Flag Colors and Symbolism](#) (5 min. read)



Equity is
Imperative